

## **January 2025**

**Mountain Driving, Downhill Grades, Downhill Braking:** Length 6:49 This video discusses downhill grades on mountain roads, as well as how to safely navigate them. It explains proper gear-shifting techniques and how to brake on a downhill grade. #Keywords: CMV, driver, hazard, practice, maintenance, technique, hazard light, snub braking, signage, road sign, speed limit

CSA Minutes: **Tire Condition - 393.75(a)** Length 1:25 This video emphasizes the importance of having good tire conditions while driving. It describes various dangers of driving on worn or defective tires and lists relevant CSA violations.

**Trucking - Ice and Snow** Length 05:26 This video explains how to drive on ice and snow. It also discusses how drivers can prepare themselves and their vehicles for driving in winter weather.

**Driving in Extreme Weather Conditions** Length 8:10 This video describes extreme weather patterns and their effect on road conditions. It also provides guidance on how to drive through these conditions or whether to avoid them outright.

## **February 2025**

**Route Management - Tips and Tricks:** Length 6:14 This video discusses the benefits of route planning and some of the best practices for changing the route as circumstances change. Package: Infit-I Workforce Trucking Course: Route Management

**The Dangers of Night Driving:** Length 4:40 This video discusses the dangers of driving at night. It discusses how your vision is weaker at night, road hazards like construction or wildlife, and the probability of more impaired drivers being on the road. #Keywords: drunk driver, fatigue, tired, sleep, weekend, holiday, dark, rush hour, perception

**In-Motion - Driving in Fog:** Length 2:28 **Fog** creates dangerous driving conditions and has been the cause of a high number of accidents and fatalities. This animated short discusses the safest way to operate a vehicle through **fog**. #Keywords: hazard, weather, cloud, visibility, slow, lights, flashers.

**Preventing Injuries Entering and Exiting Cab:** Length 5:00 This video demonstrates safe practices while entering and exiting the trailer. #Keywords: hazard, injury, handhold, safety

## **March 2025**

**Trucking Professionals - Health and Wellness: Length 07:39** This video describes and encourages various practices to promote a healthy lifestyle for professional truck drivers. It explains the importance of diet, exercise, sleep, and stress management. It also emphasizes the dangers of alcohol and smoking. #Keywords: diet, nutrition, exercise, healthy, alcohol diet, nutrition, exercise, healthy, alcohol, smoking, sleep, hydrate, hydration, water, food, stress, stress management, lifestyle

**Roadside Inspection – Initial Stop and Contact: Length 6:18** This video discusses the proper conduct for a **roadside inspection** and explains what materials a driver should have ready, including ELD information. #Keywords: documents, medical card, registration, insurance, shipping papers, bill of landing, logbook, AOB RD, malfunction, manual, instruction sheet, dispatch, records, expense, receipt

## **April 2025**

**Vehicle Communications Length 8:34** This video provides instructions on communication with other road users. It discusses techniques for the proper use of headlights, turn signals, four-way flashers, and horns. It also discusses the utilization of eye contact techniques. Package: Infnit-I Workforce Trucking Course: Vehicle Communications

**Changing Lanes for CMV Drivers: Length 5:46** This video discusses the importance of executing a lane change correctly. It demonstrates the correct execution of a lane change and discusses the most common errors made while **changing lanes**. #Keywords: driver, CMV, highway, signal, turn, accident, collision, blind spot, route planning, performance, decision, recognition, distraction, fatigue

## **May 2025**

**GOAL (Get Out and Look): Length 6:28** This video explains the importance of getting out of your vehicle to check your surroundings before backing up. It discusses the dangers of backing up, essential techniques for backing up, and the common training method, **GOAL**, or Get Out and Look. #Keywords: driver, damage, safety, destination, signals, mirrors, blind spots, reference, pedestrian, spotter,

**Intersections: Expect the Unexpected: Length 4:57** Intersections are dangerous places. Drivers pass through many intersections each day and may not be as alert as they should be. As professionals, drivers are responsible for their own safety and the safety of others on the road. This video reviews how to safely negotiate intersections. #Keywords: accident, safety, hazard, collision, right of way, traffic, turn

**Parking Lot Safety: Length 6:28** This video explains how to drive safely in parking lots. It discusses speed and spatial awareness and what to do should an accident occur. Package: Infnit-I Workforce Trucking

## **June 2025**

**Texting Law: Length 5:22** This video explains the Federal Motor Carrier Safety Administration's rule against texting while driving. It also discusses the definitions and consequences around the rule and braking it Package: Infnit-I Workforce Tr

**At the Scene of an Accident: Length 9:07** This video teaches drivers the correct behaviors and responses to law enforcement individuals and others on scene when involved in an accident. #Keywords: CMV, FMCSA, injury, damage, information, statement, condition, evidence.

## **July 2025**

**Hours of Service - Part 8 – HOS ELD: Length 4:25** This video discusses the advantages of using an electronic logging device for **hours of service**, how they work, and who must use them. It also defines what reference items you must keep with your ELD, and who is exempt from using them.

**Seven essentials of defensive driving: Length 9:30** This video outlines the **seven essentials** of defensive driving. It emphasizes the importance of staying aware of your surroundings, keeping space between yourself and other vehicles, and anticipating hazards.

## **August 2025**

**OSHA: Personal Protective Equipment: Length 7:31** There are countless hazards in the workplace that could cause serious injury, only prevented by the proper use of personal protective equipment, or PPE. This video describes the employer’s responsibilities regarding PPE, as well as the most common types. Package: OSHA Course: OSHA: Personal Protective Equipment

**Driving Around School Buses: Length 5:03** This video focuses on tips on how to operate a CMV around school buses, defensive driving, and operating in school zones and residential areas. This video also discusses the potential dangers and consequences of violating the school bus safety laws.

**In-Motion - Driving in Construction Zones: Length 2:53** Work zones, or “cone zones”, can be dangerous for both drivers and road workers. This video offers tips for safely driving through these hazards.

## **September 2025**

**Environmental Compliance Issues: Length 6:35** This video reviews common environmental hazards related to CMV operation, the regulations that apply to environmental compliance, and specifically discusses, air and noise pollution, maintenance, and hazardous materials issues. Package: Infit-I Workforce Trucking Course: Environmental Compliance Issues

**Turning: Length 5:50** This video discusses the fundamentals and best practice procedures involving single and multiple-lane turns in a CMV.

**Hours of Service - Part 05 - The Sleeper Berth Provision: Length 5:04** This video explains the specifics of the sleeper berth provision. It discusses how the sleeper berth can be used to satisfy the 10-hour off-duty regulation and provides example scenarios that allow an extension on the 14-hour driving limit. Package: Infit-I Workforce Trucking

## **October 2025**

**CSA Minutes: Inoperative Headlamps Length 1:16** This video briefly explains the importance of ensuring your headlamps are functional. It emphasizes conducting the rough pre-trip inspections and lists relevant CSA violations.

**CSA Minutes: Inoperative Turn Signal: Length 1:00** This video explains the importance of having functional turn signals. It emphasizes how the ability to indicate a turn can keep you and other motorists safe. Package: Infnit-I Workforce Trucking Course: CSA Minutes

**CSA BASICS, Part 8 – Unsafe Driving BASIC: Length 4:16** The Unsafe Driving BASIC refers to the operation of CMVs in a dangerous or careless manner. Join us in this eighth segment of the CSA BASICS training module where we talk about the details of this category, examples of violations and severity weights, required documents, and score improvement. Course Name: CSA BASICS Content Name: Part 8 – Unsafe

**Fatigue Management – Part 1: What You Need to Know: Length: 4:39** Getting proper rest is crucial to safety on the road. Part one of this training Content Name: covers the importance of sleep, details about having a sleep schedule, how health issues can affect fatigue levels, and the reality of what “short-term fixes” can really do for you.

## **November 2025**

**Cabin Interior – Pretrip Checklist: Length 7:44** This video goes through the FMCSA checklist for a CMV cabin interior pre-trip inspection. It provides a rundown of what to look for in the cabin as well as brief instructions on how to properly check said elements.

**Pretrip Approach and Maintenance Length 10:45** This video will focus on the first portion of a pre-trip inspection, approach, and maintenance. First, we’ll discuss the importance of this type of inspection. Then we’ll cover the approach and under the hood and engine compartment section. We’ll also cover which includes reviewing the Vehicle Inspection Report

## **December 2025**

**Trucking - Winter Weather Readiness: Length 5:38** This video provides a checklist to help drivers prepare their truck for winter driving. The checklist discusses preventative maintenance and inspections as well as equipment that can help during winter weather and its related issues.

**Maintenance: Length 7:33** This video provides guidance on performing preventative maintenance as well as basic servicing and checking procedures for various engine and vehicle components. It also discusses common simple repairs drivers should be equipped to handle. Package: Infnit-I Workforce Trucking Course: Maintenance

**Bridges and Overpasses: Length 6:33** This video describes the potential hazards and dangers of bridges and overpasses to large commercial vehicles. Proper prevention techniques and reporting procedures are demonstrated in the video. Black ice is also discussed. Section: Trucking Industry Module: Bridges and Overpasses